



University of  
**Salford**  
MANCHESTER

UNIVERSITY OF SALFORD

**THRIVE HEALTH**

**AND WELLBEING**

**CENTRE**



FACULTY OF  
**HEALTH, COMMUNITY  
& LIFE SCIENCES**

## CONTENTS

- 03 About Us
- 04 About Thrive
- 06 What Makes Thrive Unique?
- 07 Where is Thrive?

---

- 08 **Thrive Facilities**
  - 10 Clinical
  - 12 Non-Clinical
  - 13 Community
  - 14 Wellbeing
  - 15 Sustainability

---

- 16 Campus Connectivity Plan
- 18 Ground Floor Facilities
- 20 First Floor Facilities
- 22 Second Floor Facilities

If you are interested in knowing more about partnerships and how we could work together please email [Thrive-enquiries@salford.ac.uk](mailto:Thrive-enquiries@salford.ac.uk)



Salford City Council



## ABOUT US

Established in 1896, the University of Salford began as the Royal Technical Institute. Today we pride ourselves on our unbeatable links to industry, our state-of-the-art facilities and our award-winning academics.

Our portfolio of expertise and teaching includes healthcare, life sciences, business, art, engineering, media and the environment.

# ABOUT THRIVE

Our new Thrive Health and Wellbeing Centre is one of the flagship developments in the University of Salford's recent expansion programme. It belongs to the University's Faculty of Health, Community and Life Sciences which has around 10,000 students.



We have an excellent reputation for the quality of our health, sport and wellbeing courses and the new building will help us to continue delivering education at the highest level.

It will support the teaching, training and recruitment of tomorrow's professionals and will be a vital community resource at the heart of our estate.

Over three floors our skilled teams will teach courses including Podiatry and Prosthetics & Orthotics, to Sport & Exercise Science and Occupational Therapy.





## WHERE IS THRIVE?

We are situated on the A6 near several major road, rail and bus routes. Thrive is a five-minute walk from Salford Crescent station. Secure cycle storage is provided.

Accessible parking spaces and EV charging points are adjacent to the building. A new multi storey car park is situated five minutes-walk away on Frederick Road.

## WHAT MAKES THRIVE UNIQUE?

The building has been designed with all our future user groups in mind.

We have worked closely with visionary architects AHR to ensure the entire building meets all our users' diverse needs. They have used 'Trauma Informed Design' throughout to make it a space in which everyone feels welcome.

The building also embraces Universal Design for Learning (UDL), a

framework which makes learning accessible by removing barriers and offering more flexible ways to engage with materials.

Biophilic Design has been intrinsic to the overall approach which considers human connections with nature and the positive impact this has on health.

Search **'Thrive Health and Wellbeing Building Fly Through'** to see an animation of the interior.



**GOOGLE MAPS**  
 Thrive Health and Wellbeing Centre, 2 Statham Street, Salford, M6 5YE

**WHAT3WORDS**  
 ///jazz.using.ropes



**THRIVE**

**FACILITIES**

# CLINICAL

Clinical standard spaces over three floors are provided for our students, which are all HTM/ HBN compliant, and follow NHS standards and guidance.

- / 18 x podiatry cubicles in a dedicated clinic space.
- / Ancillary spaces including dispensary, autoclave and orthosis workshop.
- / Podiatry gait room with treadmill, monitoring equipment and plinth.



- / 9 x Rehabilitation bays in dedicated clinic space.
- / Rehabilitation gym directly accessible from the clinic and main corridor.
- / The Wolfson Centre for Human Movement Research will be a dedicated state-of-the-art research facility focused on advancing rehabilitation and human movement science.
- / 23 x small, medium and large consultation rooms on the first and second floor. All will support training and student placements.
- / In time community healthcare clinics will take place as well as research programmes.

Generously funded by the Wolfson Foundation, the Centre aims to be the UK's leading hub for real world human movement research





## COMMUNITY

Our Thrive Health and Wellbeing Centre will deliver integrated public services under one roof, helping to address health and social inequalities in the community. The building will be a central hub for preventative care, early intervention, and holistic support.

- / Clinical bays and spaces for diagnostics and consultations.
- / Therapy/wellbeing rooms for group workshops or 1-2-1 activities to support mental health, wellbeing and community outreach.
- / Research spaces to support academic collaboration and innovation.

## NON-CLINICAL

- / Spaces designed for use by community groups for exercise, craft and health sessions.
- / A kitchen equipped with nine ovens/hobs to facilitate cooking workshops.



# WELLBEING

The design team has kept social prescription considerations, equity of access, neurodiverse needs and trauma-informed factors in mind at all stages of the project.

- / Natural light will play a central role, flooding the main spaces of the building.
- / Abundant indoor and outdoor planting, combined with clear sightlines to the outdoors to enhance mood and reduce stress.

- / An accessible roof garden for gatherings and community activities. Further outdoor spaces are offered via terraces and verandas.
- / We are targeting the **Gold WELL Building Standard**, highlighting our commitment to occupant wellness and sustainable design.



# SUSTAINABILITY

Our new all-electric health building will be highly sustainable, meeting **BREEM Excellent standards**.

- / Accessible roof garden
- / Solar panels on atrium roof
- / Extensive biophilic indoor planting
- / Wildflower areas and native tree planting
- / Achieving a 25% biodiversity net gain



# UNIVERSITY OF SALFORD'S CAMPUS CONNECTIVITY PLAN

Thrive is one of the flagship developments within the University's multi-million pound **Campus Connectivity Plan**, which will benefit staff, students and the local community.

The new building will also complement the work we do through our partnership with ECF and Salford City Council, as members of the wider **Crescent Salford** development scheme.

We are playing a central role in helping to reimagine the area around Salford Crescent and our surrounding land.





## GROUND FLOOR FACILITIES

| ROOM TYPE                                  | SPECIFICATIONS  | SQM (AVERAGE RANGE) |
|--|---|---------------------|
| Staff and Student Spaces                   | <ul style="list-style-type: none"> <li>Commuter hub containing self-serve kitchen facilities.</li> <li>Changing and shower facilities.</li> </ul>                     | 77m <sup>2</sup>    |
| Public Cafe                                | <ul style="list-style-type: none"> <li>Cafe serving healthy options using where possible locally sourced produce.</li> </ul>  | 80m <sup>2</sup>    |
| Wolfson Centre for Human Movement Research | <ul style="list-style-type: none"> <li>Dedicated specialist ground floor space housing assessment, monitoring and recording equipment.</li> </ul>                     | 174m <sup>2</sup>   |
| External Partner Clinic Room               | <ul style="list-style-type: none"> <li>Private clinic cubicle able to hold 3/4 occupants at once.</li> <li>Designed to HTM/HBN compliance (NHS standards).</li> </ul> | 23m <sup>2</sup>    |

## PROSTHETIC AND ORTHOTIC PROVISION

|                   |   |                                       |
|-------------------|---|---------------------------------------|
| Clinic Bays (x12) | <ul style="list-style-type: none"> <li>Clinic Bays with plaster sinks.</li> <li>Parallel bars in centre of the room.</li> </ul> | Double bay averaging 14m <sup>2</sup> |
| Workshop          | <ul style="list-style-type: none"> <li>Ancillary spaces to support the P&amp;O provision and teaching facilities.</li> </ul>    | Totalling 383m <sup>2</sup>           |
| Machine Room      |   |                                       |
| Plaster Room      |   |                                       |



# FIRST FLOOR FACILITIES

| ROOM TYPE                                | SPECIFICATIONS  | SQM (AVERAGE RANGE)                               |
|--|---|---|
| Small Consultation Rooms (x11)           | <ul style="list-style-type: none"> <li>Private clinic cubicle able to hold 2/3 occupants at once.</li> <li>Designed to HTM/HBN compliance (NHS standards).</li> </ul>   | Ranging from 9m <sup>2</sup> - 10 m <sup>2</sup>  |
| Small Accessible Consultation Rooms (x2) | <ul style="list-style-type: none"> <li>Private clinic cubicle able to hold 2/3 occupants at once.</li> <li>Designed to HTM/HBN compliance (NHS standards).</li> <li>Supported by a shared Dirty Utility.</li> </ul> | Ranging from 12m <sup>2</sup> - 14 m <sup>2</sup> |
| External Partner Clinic Room             | <ul style="list-style-type: none"> <li>Private clinic cubicle able to hold 3/4 occupants at once.</li> <li>Designed to HTM/HBN compliance (NHS standards).</li> </ul>   | 21m <sup>2</sup>                                  |
| Collaborative/Administrative Space       | <ul style="list-style-type: none"> <li>Private space with desktop computer for 2 people.</li> </ul>   | 10m <sup>2</sup>                                  |

## PODIATRY PROVISION

|                                   |  |   |
|-----------------------------------|--|---|
| Cubicles (x15)                    | <ul style="list-style-type: none"> <li>Cubicles able to hold 2/3 occupants at once.</li> </ul>   | Averaging 9m <sup>2</sup>                         |
| Podiatry Accessible Cubicles (x3) | <ul style="list-style-type: none"> <li>Podiatry Accessible Cubicles able to hold 4/5 occupants at once and can be opened into larger space.</li> </ul> | Ranging from 10m <sup>2</sup> - 12 m <sup>2</sup> |
| Dispensary                        | <ul style="list-style-type: none"> <li>Ancillary spaces for Podiatry and other clinic offers that may need to utilise.</li> </ul>                      | Totalling 80m <sup>2</sup>                        |
| Autoclave                         |  |   |
| Orthosis Workshop                 |  |   |
| Podiatry Gait Room                | <ul style="list-style-type: none"> <li>Private room with treadmill, monitoring equipment and plinth set up.</li> </ul>                                 | 30m <sup>2</sup>                                  |

## REHABILITATION PROVISION

|                          |  |                           |
|--------------------------|--|---------------------------|
| Rehabilitation Bays (x9) | <ul style="list-style-type: none"> <li>Rehabilitation Bays able to hold 2/3 occupants at once.</li> </ul>                                | Averaging 9m <sup>2</sup> |
| Rehabilitation Gym       | <ul style="list-style-type: none"> <li>Rehabilitation gym.</li> <li>Accessible via the main corridor and sports rehab clinic.</li> </ul> | 105m <sup>2</sup>         |



## SECOND FLOOR FACILITIES

| ROOM TYPE                                | SPECIFICATIONS  | SQM (AVERAGE RANGE)                 |
|--|---|-------------------------------------|
| Large Consultation Rooms (x5)            | <ul style="list-style-type: none"> <li>Private clinic cubicle able to hold 4/5 occupants at once.</li> <li>Designed to HTM/HBN compliance (NHS standards).</li> <li>Supported by a shared Dirty Utility.</li> </ul>   | 16m <sup>2</sup> - 18m <sup>2</sup> |
| Medium Consultation Rooms (x3)           | <ul style="list-style-type: none"> <li>Private clinic cubicle able to hold 3/4 occupants at once.</li> <li>Designed to HTM/HBN compliance (NHS standards).</li> <li>Supported by a shared Dirty Utility.</li> </ul>   | 14m <sup>2</sup> - 15m <sup>2</sup> |
| Group Rooms (x7)                         | <ul style="list-style-type: none"> <li>5 group rooms separated via partitions; this space can be opened up into one large space.</li> <li>2 group rooms as individual rooms.</li> <li>Each group room has a kitchenette and AV provision.</li> </ul>                  | 48m <sup>2</sup> - 66m <sup>2</sup> |
| Group Kitchen                            | <ul style="list-style-type: none"> <li>Shared kitchen space with 9 stations, for group cooking activities (3 x accessible stations).</li> <li>Each station has a sink, worktop, hob and oven unit.</li> <li>3 x kitchen islands in the centre of the room.</li> </ul> | 72m <sup>2</sup>                    |
| Consultation Rooms (x4)                  | <ul style="list-style-type: none"> <li>Private rooms.</li> <li>Non clinical feel, with carpet, table and chairs.</li> </ul>   | 8m <sup>2</sup> - 12m <sup>2</sup>  |
| Collaboration/ Administrative Space (x1) | <ul style="list-style-type: none"> <li>Private space with desktop computer for 3 people.</li> </ul>   | 20m <sup>2</sup>                    |



Thrive Health and Wellbeing Centre  
2 Statham Street  
Salford  
M6 5YE

If you would like to find out more about working as part of our Thrive Centre community please email [Thrive-enquiries@salford.ac.uk](mailto:Thrive-enquiries@salford.ac.uk) and put Thrive in the subject.

*Pictures of the building are artist impressions.*



**BECOME**

**UNSTOPPABLE**



Salford City Council



ECF

