



PgCert

# SUPERVISION IN COUNSELLING, PSYCHOTHERAPY AND HELPING RELATIONSHIPS



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## COURSE SUMMARY

**Please Note:** Only fully qualified, professionals who are members of a recognised professional body and who have been in practice for at least a year can apply for this course.

This course is an in-depth clinical supervision training. The skills-based focus of the course will enable you to train as a clinical supervisor; applying what you learn in complex professional contexts.

The course further develops your critical understanding of the theoretical knowledge which underpins supervision and enhances your ability to critically appraise the associated research and clinical evidence.

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## COURSE CONTENT

The course comprises a 60 credit clinical supervision training module, 'Supervision in Counselling, Psychotherapy and Helping Relationships'. You will study over two semesters of ten weeks each.

This module offers a unique opportunity for you to further your personal and professional development and obtain a supervision qualification. It is a double module, spanning semesters one and two. Based on Hawkin and Shohet's seven eyed supervision model, it is open not only to counsellors and psychotherapists with a minimum of one year post-qualification supervised practice experience, but also to the wider community of helping professionals as a stand-alone module.

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## CAREER PROSPECTS

This post-qualifying course will equip you with clinical supervision skills that can significantly enhance your career prospects and, through working as a clinical supervisor, can be an additional source of income.

Following successful completion of the course you may also consider studying for an MSc: the credits from this course can be carried into the MSc Advanced Counselling and Psychotherapy Studies (Supervision)



# IN BRIEF

- Enhance your employment and earning prospects as a supervisor within a range of helping professions
- Promote the efficacy of your professional field
- Benefit from up-to-date thinking from experts in supervision theory, practice and research
- A part-time only course
- International students can apply



<b>LOCATION:</b>	Frederick Road Campus
<b>DURATION:</b>	One year part-time
<b>START DATE:</b>	September
<b>TYPICAL ENTRY:</b>	<p>All applications must meet the following criteria for the application to be considered:</p> <ul style="list-style-type: none"><li>▪ Evidence of Professional qualification in a helping profession.</li><li>▪ Evidence of membership of a relevant professional body for at least one year.</li><li>▪ Evidence of at least one year of post-qualification practice.</li><li>▪ Evidence of a Level 2 Certificate in Counselling or other professional person-centred skills equivalent</li><li>▪ Normally evidence of a 2.2. degree or equivalent</li></ul>
<b>ASSESSMENT:</b>	Written essay, reflective portfolio, supervision skills assessment.
<b>DELIVERY:</b>	Group skills practice, reflective sessions, lectures, workshops.