



MSc/PgDip/PgCert **APPLIED PSYCHOLOGY (THERAPIES)**



COURSE SUMMARY

This course will equip you with a valuable professional insight into topics including the causes of addiction and how Cognitive Behavioural Therapy (CBT) and other evidence based psychotherapies can be used to help address stress, depression, chronic pain and other related disorders.

You'll find the course particularly relevant if you are working in the NHS or healthcare independent sector, including addiction clinics, and want to develop your knowledge and understanding of psychological therapy beyond the basic level offered on some professional qualification courses.

COURSE CONTENT

During your first semester of study you will undertake modules such as Research Methods in Psychology and Psychological Therapies for Common Mental Health Disorders.

The second semester will cover modules such as; Addictive Behaviour and Cognitive Behaviour Therapy (CBT) and Physical Health. The CBT module will provide a rigorous theoretical and evidence-based introduction to using CBT with clients who have physical health conditions

In the third semester, you will complete a dissertation which provides you with the opportunity to pursue an area of applied psychology and psychological therapies that directly relates to your own work or interests.

CAREER PROSPECTS

This course is an excellent springboard towards becoming a leader within your profession. Using the skills learnt on the course could also open doors to more senior roles in CBT and therapeutic intervention, two areas the government currently views as key to effective modern healthcare provision.



IN BRIEF

- Follow a route to a professional doctorate and research career paths in psychology
- Understand psychological theories that have a central role to play in modern healthcare provision
- Receive support from a highly qualified team of psychology and counselling staff
- Part-time study available



LOCATION:	Frederick Road Campus
DURATION:	One year full-time or three years part-time (MSc), eight months full-time or two years part-time (PgDip), four months full-time or nine months part-time (PgCert)
START DATE:	September
TYPICAL ENTRY:	2.1 Honours Degree or equivalent in psychology or other health/social care related discipline, e.g. counselling, health sciences, nursing. We welcome applications from students who may not have formal/traditional entry criteria but who have relevant experience or the ability to pursue the course successfully.
ASSESSMENT:	Essays, research proposal, dissertation
DELIVERY:	Lectures, tutorials, seminars, discussion groups, guest lectures, virtual learning, workshops

IF YOU REQUIRE ANY FURTHER DETAILS, PLEASE EMAIL:

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