

CARE SEMINAR SERIES 2016-17

**Women Offenders Repeat Self-Harm Intervention Pilot II  
(WORSHIP II): What have we learnt?**

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**Dr Tammi Walker (University of Manchester)**

Date: Wednesday 1<sup>st</sup> February 2017

Time: 12:30-13:30

Room: Mary Seacole, MS174

Refreshments Provided

**Synopsis**

Five percent of UK prisoners are women but they account for 95% of self-harm in prisons. Interpersonal conflicts are common in women who self-harm and imprisoned women who self-harm have significantly more history of severe trauma, psychosocial problems, depression and are at greater risk of suicide than women in the community. Imprisoned women have high rates of mental illness and are more likely to have experienced intimate partner violence and sexual abuse. Despite acknowledged risks, there are no evidence-based interventions for women who self-harm in prison. This seminar will present the findings from an NIHR study, undertaken in 2012-2015, that evaluated an evidence-based intervention 'Psychodynamic Interpersonal Therapy' (PIT) for women in prison. The PIT model focused specifically on imprisoned women's difficulties and aimed to reduce thoughts and actions of self-harm, and suicide risk. The seminar will conclude with identifying the next steps for future research initiatives in this important area.

**Speaker**



Dr Tammi Walker is Senior Lecturer & Programme Director for the MSc Advanced Practice in Forensic Mental Health within the Division of Psychology and Mental Health at the University of Manchester. Tammi is the lead author of 'Preventing Self-injury and Suicide in Women's Prisons' (2016: Waterside Press) with Professor Graham Towl (Durham University) and is an Associate Editor for the Journal of Forensic Psychiatry and Psychology.

She is a registered Chartered Psychologist, a Fellow of the British Psychological Society and a Registered Practitioner with Institute of Learning and Teaching. She has completed work as a psychologist for over 11 years and has an advanced level of knowledge in forensic psychology.

Tammi has contributed extensively to the development and delivery of interventions with imprisoned women in general and in particular she has considerable expertise in the areas of suicide and self-injury. Tammi is an invited member for the advisory group for the 'Suicide Prevention in Prisons' with The Howard League for Penal Reform and the Centre for Mental Health and an invited member of the Oversight Group for HMP Newhall's Rivendell Service for imprisoned women with personality disorder. She is also a member of the Practitioner and Stakeholder Group (NOMS), which supports the work of the Independent Advisory Panel (IAP) on Deaths in Custody, Trustee and a member of the management and leadership for the Counselling in Prisons Network.

*In order to arrange refreshments, please register your attendance here:*

[Eventbrite – Women Offenders Repeat Self-Harm Intervention Pilot II](#)

## Contact Us

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