

Reducing the Risk of Sudden Infant Death Syndrome

Sudden Infant Death Syndrome, also known as SIDs or cot death, is the tragic cause of death of over 300 babies a year in the UK. This 1-day course helps those that work with babies to potentially reduce the risk of Sudden Infant Death Syndrome.

Attendees will be introduced to protective factors and techniques for reducing the risk of Sudden Infant Death Syndrome. They will receive expert knowledge that enables them to advise parents on the safest ways of managing sleep episodes for babies.

Overview

A Background of Safe Sleeping for Babies

Every year over 300 babies die in the UK from Sudden Infant Death Syndrome (cot death). This essential course gives anyone who works with babies the opportunity to learn how they can potentially save the lives of the infants they come into contact with, either in the home or in other settings.

Tutor Information – Marie Philpott

Marie Philpott is the director of Innovate and Inspire and works with a team of associates from Health, Social Care and Parenting to develop and deliver evidence based safeguarding training for professionals. Marie and her team work with individuals and organisations to up skill professionals to make safer and better lives for children, young people and families.

Marie's career progression and development has demonstrated leadership, a passion for safeguarding the most vulnerable and the skills, knowledge and expertise to motivate others through quality training, support, consultancy and research.

Marie has a proven track record of working in safeguarding settings both as a Service Manager and Practitioner. Marie also has a wealth of experience of being a trainer of Local Authorities Safeguarding Boards and is passionate and dedicated to protecting children and young people from grooming, trafficking and sexual exploitation.

Delegates and Agenda

Reducing the Risk of Sudden Infant Death Syndrome is aimed at professionals who work with parents/carers and parents/carers-to-be, including health visitors; midwives; social workers;

family support workers; children's centre staff; outreach workers; nursery and crèche workers; housing staff and housing association staff; general practitioners and practice staff; health staff in young offender institutions; substance misuse workers; police officers/police community support workers; agents of landlords; mental health workers; probation workers; youth offending services; infant feeding workers; breastfeeding volunteers; and fostering and adoption agencies.

9.00 to 9.30	Registration and Coffee
9.30	<ul style="list-style-type: none"> • Introductions • Aims and Objectives • Domestic/Fire Evacuation
10.00	<ul style="list-style-type: none"> • The scope of the problem • Underpinning Knowledge Exercise • Emerging Risks • Losing Leah DVD • Good Room/Bad Room Exercise
12.30 to 1.30	Lunch
1.30 3.00	<p>Putting Learning Into Practice</p> <ul style="list-style-type: none"> • Practical Analysis of sleeping scenarios that have lead to avoidable SIDS • Delivery and conveying safe sleeping messages to Parents/Carers • Support Parents with high risk lifestyles • Record advice to parents/carers • Serious Case Reviews • Red Book <p>Developing Strategy</p> <ul style="list-style-type: none"> • Aims • Actions • Evaluation

4.00	Conclusions and Actions <ul style="list-style-type: none">• Discuss thoughts and feelings• Further support, advice and information
	Final Q&A and Evaluations
4.15	Close

Learning Outcomes

By the end of the SIDs course you will be able to:

- Understand the statistics and latest research in relation to SIDs
- Identify high risk groups
- Understand the causes of SIDs
- Identify protective factors
- Identify risky situations
- Advise parents/carers on how to reduce the risk of SIDs
- Have those difficult but vital conversations with defensive parents/carers
- Decide if further support/interventions are needed

If you are interested in learning more about this Sudden Infant Death Syndrome course or other courses available, please contact us on 0161 295 3000 or cpd@salford.ac.uk