B1

STUDENT WELCOME PACK
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Welcome to your placement on B1 ward.

This pack has been created to provide useful information about your placement with us.

**Ward Manager:** Kamini Patel

**Junior Ward Sister:** Julie Berry

**Contact Information:** 01204 390132

**Ward Shift Patterns:**

- **Early:** 07:30 – 13:45
- **Late:** 13:45 – 20:00
- **Long Day:** 07:30 – 20:00
- **Night:** 19:30 – 08:00

The following information will be given to you on your first day.

<table>
<thead>
<tr>
<th>STUDENT NAME:</th>
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<td>MENTOR NAME:</td>
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<td>ASSOCIATE MENTOR:</td>
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<td>PERSONAL TUTOR:</td>
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We aim to provide high quality, holistic, and individualised care to every patient. We look at each patient as individuals and take into consideration the physical, psychological, emotional, social and cultural needs of the person. Each member of staff is encouraged to foster this approach when providing patient care to optimize patient experience and enhance personal goals.

Nursing staff will act as patient’s advocate, to work towards best practice and to ensure we are meeting all of the patient’s individual needs. We believe that this care should be provided in a safe, clean environment, which fosters a warm and friendly atmosphere. As a result this should promote health, prevent any further illnesses and help patients to accept and live with their own limitations.

Patients will be treated in a dignified and respectful manner at all times, taking into consideration all of their individual needs. Input from the multidisciplinary team will be valued and respected, to optimize and ensure these patients’ needs are benefited.

Our ward provides a valuable placement for all students at various stages in their training, providing the opportunity to enhance many nursing care skills in a supportive learning environment. We are constantly striving to enhance the patient experience while in hospital, including communication with relatives and carers. Therefore we welcome feedback to ensure the care we are providing is at the highest standard.
B1 is a 23 bedded ward Acute Frailty Unit which specializes in acute medicine. The ward cares for a wide variety of illnesses and health needs. This can vary from patients being admitted from A and E and admission wards that require extra social help at home for example the need of carers at home, or patients that require more physiotherapy and rehabilitation which can be continued at home or in an intermediate care setting.

As well as this we have patients being admitted after becoming generally unwell and therefore treated for various illnesses such as:

- Sepsis
- Urinary Tract Infections
- Lower Respiratory Tract Infections
- Infected Leg Ulcers

We also look after patients that might need certain types of investigations such as:

- Upper and Lower Endoscopy
- X-rays
- Flexible Sigmoidoscopy
- Flexible cystoscopy
- Echocardiograms

Students are encouraged to develop their organizational and management skills according to their level of training guided by their mentor. Students are encouraged to gain knowledge and an insight of the multidisciplinary team understanding the importance of each practitioner and the role they play in providing good quality patient care.
This could include working alongside practitioners such as:

- Doctors
- Physiotherapists
- Occupational Therapists
- Dieticians
- Speech and Language Therapists
- Nurse Specialist: Respiratory, Heart Failure Nurse etc
- Nurse Practitioners
- Pharmacists
- Social Workers

Working alongside these practitioners as a student nurse will provide you with the opportunity to gain a wider knowledge and understanding of their importance within the multidisciplinary team.
You will receive a local induction into your work place. This will allow you to familiarize yourself with the ward environment, be introduced to you ward mentor and other staff.

We will discuss your learning needs and objectives in your initial meeting.

We will provide an environment to meet your individualized needs and establish spoke placements which will be beneficial in the development and understanding of your role and the patient journey

As well as being allocated a mentor and an associate mentor we will provide extra support when your mentors are not on duty.

Your mentor will assess and shadow you throughout the clinical setting, and provide you with feedback taking into consideration your individual learning objectives.

You will be a valued member of the ward and multidisciplinary team.

Your feedback will be valued.
What We Expect From You

- We expect you to arrive on time and be presented in a professional manner.

- We expect you to dress according to the university/hospital uniform policy.

- It is your responsibility to inform your mentor of your learning objectives and outcomes for the placement and ensure your paperwork is up to date.

- It is your responsibility to ensure you work with your mentor 40% of your time on the placement.

- We would like you to raise any concerns you have with your mentor, the ward manager or if not possible the PEF’s.

- It is your responsibility to inform your mentor or the nurse in charge if you are unwell this process will be discussed in your initial meeting with your mentor.

- We expect you to show respect and maintain confidentiality, privacy and dignity at all times.
Hubs and Spokes

- Endoscopy
- Radiology
- Palliative Care Team
- Dieticians
- Physiotherapists
- Occupational Therapists
- Bereavement and Donor Team
- And many more
In the case of an emergency/cardiac arrest:

On the back wall of every patient’s bedside, bathrooms and toilets are red emergency buzzers, which should be used if an emergency was to occur. This should be pressed in the case of a cardiac arrest, an unresponsive patient, a fall or in any situation where it is unsafe for you to leave the patient on their own for you to get help.

The location of the emergency button will be shown to you on your first day when being given an environmental of the ward. If you are asked to put a cardiac arrest call out you will:

- **Dial 2222**
- **“Cardia Arrest, B for bravo 1. Cardiac Arrest, B for bravo 1”**

Once again all this information will be given to you on your local induction with your mentor.
Useful Links

Sallie Farrimond RGN: Nutrition and Manual Handling

Liz Fielding RGN: Blood Transfusion

Kathy Carter RGN: Infection Control and Tissue Viability

Julie Berry Sister: Infection Control