

About Counselling and Psychotherapy Information Sources

This guide is intended for students studying Counselling and Psychotherapy. It outlines the information sources available to help you research for assignments, essays and dissertations.

What is a database?

If you want to do an in-depth search for journals relating to a particular topic you might find it easier to search within a subject database. Some subject databases provide the full text of journal articles, which you can download. Others provide bibliographic information only, but this information is enough to help you find the full article if available through the library's subscriptions or you can order it using the Library's Document Delivery service. Further details at: <http://www.salford.ac.uk/library/use/document-delivery>

How do I access the databases?

To access SOLAR go directly to: <http://www.salford.ac.uk/library> and choose **Resources** tab.

- Select **Counselling and Psychotherapy** from the **Choose a Subject or Type** box.
- Click **Submit**

Resources

Databases

Struggling to find material which is more specific to your own subject? The library subscribes to a large number of subject databases which limit searches to quality academic resources in your area.

Search for a Database

Choose a Subject or Type

- Social Policy
- Social Work
- Sociology
- Sport

Use the A-Z

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

If you know the name of the database you can search using the **Search for a Database** box or the **A-Z lists**

- A list of Subject Databases relevant to Counselling and Psychotherapy will be displayed.
- There are help pages on most databases that you can access for more information and have a look at instructional videos on YouTube.

Which one do I choose? Key Subject Databases for Counselling and Psychotherapy

These are some of the databases which have been chosen by your academics and specialise in your subject area. They are not available freely via the web and contain access to quality, peer-reviewed material.



PsycINFO

PsycInfo covers the professional and academic literature in psychology and related disciplines, including medicine, psychiatry, nursing, sociology, pharmacology, physiology and linguistics.



Academic Search Premier and CINAHL

Designed specifically for academic institutions, Academic Search Premier and CINAHL are multi-disciplinary databases containing full text for more than 4,600 journals, including nearly 3,900 peer-reviewed titles.



Science Direct

Science Direct contains over 25% of the world's science, technology and medicine full text and bibliographic information.

Please note that not everything you find will be available in electronic format. For these items you will need to check SOLAR to see if we have a print copy available. You can also click on the FIND IT tab  to do this and to see if it is available elsewhere. See the library's Skill-Up pages for lots more help and advice on finding and using academic material for your studies: <http://www.salford.ac.uk/library/skillup>

Further help and assistance

Each library site has a dedicated Library Support Team available during the key opening times. They will be happy to help you find any material you require and answer any general questions you may have about using library material.

You can also contact your Academic Support Librarian, Jen Earl for help. Jen is based in Allerton library and you can email her at j.a.earl@salford.ac.uk.

Please get in touch if you would like any further help, advice or arrange a 1-2-1 appointment. Go to: <http://www.salford.ac.uk/library/help/academic-support/jen>