

APPLICANT VISIT DAY SCHEDULE

School of Health Sciences Undergraduate Applicant Visit Day Saturday 24 February 2018 10.30am – 12.30pm

This event is for applicants holding offers for:

BSc (Hons) Sports Science (Human Performance, Performance Analysis, and Strength and Conditioning)

Time	Details
10.30am – 10.45am	Introduction to the event A general overview of what the day is about, and what we will be doing.
10.45am-11.30am	Session 1 – Testing strength, power and speed A practical session to allow you to experience some ‘hands on’ testing using advanced equipment.
11.30am-11.45am	Teas and Coffees A quick break to refresh the mind and body!
11.45am-12.15pm	Session 2 – Making sense of the data; How do we feedback to the athlete and coach to allow performance enhancement? We will take our data and use advanced scientific analysis skills to answer a basic question, ‘Is being stronger and more powerful likely to make you faster in sport?’
12.15pm – 12.30pm	Questions and answers Time with staff and students to answer any questions you may have.



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